**Course Syllabus**

Academic year: **2020-2021**

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| Institution | University of Petroşani |
| Faculty | Sciences |
| Field of study | Sociology |
| Level | Bachelor |
| Program of study | Sociology |

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| Course | **Psychology** |
| Code | C.D.1.1.05 |
| Year of study (semester) | I (I) |
| Number of hours | 42 |
| Number of credits | 4 |
| Professor | University Assistant, Ph.D. PLEȘAN Niculeta |

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| **No.** | **Topic** |
|  | Introduction. The object of psychology. |
|  | The neurophysiology mechanisms of mental activity |
|  | The human psychobehavioral system |
|  | Sensory psychic processes: sensations and perceptions |
|  | Superior cognitive mental processes. Psychic behavior adjustment processes |
|  | Personality. Theories of personality |
|  | The stress. Stress adaptation mechanisms (coping) |